

Curriculum Content of Job Training Course of AWWs

S. No	Component & Content	Working Hours									
		Theory		Class Assignment		Supervised Practice		Observational Visit		Total	
		Hrs.	Mts.	Hrs.	Mts.	Hrs.	Mts.	Hrs.	Mts.	Hrs.	Mts.
A. Defreezing (½ Day)											
1	Welcome & Introduction	1	30	0	00	0	00	0	00	1	30
2.	Sharing of Experiences	0	00	2	45	0	00	0	00	2	45
	Total	1	30	2	45	0	00	0	00	4	15
B. The Foundation (1 ½ Days)											
3	Situation of Children and Women in India/States	1	15	0	00	0	00	0	00	1	15
4	Social Issues Concerning Children and Women	2	00	0	00	0	00	0	00	2	00
5	Constitutional Provisions, Rights and Legislation Concerning Children & Women	2	00	0	00	0	00	0	00	2	00
6	Programmes and Policies for Development of Children and Women	2	15	0	00	0	00	0	00	2	15
7.	Status of Girl Child and the Meena Initiative	1	00	0	45	0	00	0	00	1	45
8.	Women Empowerment	1	00	0	30	0	00	0	00	1	30

	through Self Help Groups										
	Total	9	30	1	15	0	00	0	00	10	45
	C. ICDS Programme (2 Days)										
9.	Introduction to ICDS Prog.	2	30	0	00	0	00	0	00	2	30
10.	Training Set up and Approach	1	45	0	00	0	00	0	00	1	45
11.	Setting up an AWC	1	15	0	00	0	00	0	00	1	15
12.	Role & Job Responsibilities of CDPO/ACDPO	30		00		00		00		1	30
	Class Assignment – Write up on ICDS Project	0	00	0	30	0	00	0	00	0	30
13	Role & Job Responsibilities of other ICDS Functionaries, Health and Block Functionaries in ICDS Programme	30		0	00	0	00	0	00	1	30
14	Health Infrastructure and Set up	1	15	0	00	0	00	0	00	1	15
15	Interface/Coordination with Government Ministries/Departments (Health, Education, Rural Development, and Information and Boardcasting) for ICDS Programme	1	30	0	00	0	00	0	00	1	30
16	Communication and Counseling Skills Required by a CDPO/ACDPO	0	30	1	00	0	00	0	00	1	30
17	Instructions and Guidelines Issued by DWCD	1	15	0	00	0	00	0	00	1	15

18	Feedback on ICDS Component	0	30	0	00	0	00	0	00	0	30
	Total	13	30	1	30	0	00	0	00	15	00

D. Early Childhood Care and Development (4 Days)											
19	Child Development – Definition, Concept Need & Process	2	15	0	00	0	00	0	00	2	15
20	Film on Child Development	0	00	0	45	0	00	0	00	0	45
21	Early Childhood Care & Education in ICDS	1	15	0	00	0	00	0	00	1	15
22	Activities for Early Childhood Stimulation (Birth – 3 years)	0	45	1	00	0	00	0	00	1	45
23	Importance of PSE & Characteristics of a Preschool Child	1	30	0	00	0	00	0	00	1	30
24	Activities for Physical and Motor Development of Children in a Preschool	0	45	1	15	0	00	0	00	2	00
25	Activities for Cognitive Development of Children in a Preschool	1	00	1	15	0	00	0	00	2	15
26	Activities for Language Development of Children in a Preschool	0	45	0	45	0	00	0	00	1	30
27	Activities for Psycho-social Development of Children in a Preschool	0	45	0	45	0	00	0	00	1	30

28	Instructions for Nature Walk	0	15	0	00	0	00	0	00	0	15
29	Nature Walk	0	30	1	00	0	00	0	00	1	30
30	Activities for Development of Creative, Aesthetic Expression and Science Exposure of Children in a Preschool	0	30	1	00	0	00	0	00	1	30
31	Organisation & Arrangement of AWC for PSE Activities	1	15	0	00	0	00	0	00	1	15
32	Preparation and Use of Low Cost PSE Material	0	30	2	45	0	00	0	00	3	15
33	Planning and Organizing PSE Programme at AWC	1	30	2	45	0	00	0	00	4	15
34	Common Behavioural Problems among Children	1	15	0	00	0	00	0	00	1	15
35	Class Assignment Make a Plan for Conducting PSE Activities in a AWC	0	00	1	30	0	00	0	00	1	30
36	Feedback on ECCD	0	30	0	00	0	00	0	00	0	30
	Total	15	15	14	45	0	00	0	00	30	00
	E. Nutrition & Health (7 Days)										
37	Importance of Healthy Living and Good Nutrition	1	30	0	00	0	00	0	00	1	30
38	Nutrition and Health Services in ICDS Programme	1	30	0	00	0	00	0	00	1	30
39	Nutrition and Health Care of Expectant, and Nursing Mothers	1	15	0	00	0	00	0	00	1	15
40	Nutrition and Health Care of Newborns, Infants and Young	1	15	0	30	0	00	0	00	1	45

	Children (Birth – 6 years)										
41	Nutrition and Health Care of Adolescent Girls	1	30	0	00	0	00	0	00	1	30
42	Protein Energy Malnutrition Among Children – Causes, Symptoms, Prevention and Management	1	30	0	00	0	00	0	00	1	30
43	Micronutrient Deficiencies Among Children : Causes, Symptoms, Prevention and Management	1	30	0	00	0	00	0	00	1	30
44	Organizing Supplementary Nutrition at an AWC	0	45	0	30	0	00	0	00	1	15
45	Growth Monitoring and Promotion	0	30	1	30	0	00	0	00	2	00
46	Organising Nutrition and Health Education Session	0	30	0	45	0	00	0	00	1	15
47	Visit to AWC for Practicing Preschool Education Activities & Delivery of Nutrition Services	0	00	0	00	4	15	0	00	4	15
48	Prevention of Emerging Endemic Diseases among children	1	45	0	00	0	00	0	00	1	45
49	Identification and Prevention and Disability among Children	1	30	0	00	0	00	0	00	1	30

50	Introduction to Integrated Management of Childhood Illness	2	00	0	00	0	00	0	00	2	00
51	Assessment of Childhood Illness (Newborn – 5 yrs.)	1	15	1	00	0	00	0	00	2	15
52	Assessment of Childhood Illness (Newborn – 5 yrs. Contd.)	2	00	1	15	0	00	0	00	3	15
53	Classification of Childhood Illness	1	30	0	30	0	00	0	00	2	00
54	Treatment of Childhood Illness	1	00	1	00	0	00	0	00	2	00
55	Treatment with Home Care and Advice	1	30	2	00	0	00	0	00	3	30
56	Visit to Community for Assessment, Classification and Treatment of Common Childhood Illness	0	00	0	00	4	15	0	00	4	15
57	Nutrition Counseling	1	00	2	15	0	00	0	00		15
58	Visit to Community for Assessment, Classification, Treatment, Home Care and Counseling	0	00	0	00	4	15	0	00	4	15
59	Review, Reinforcement and Feedback of IMCI Component	0	30	0	30	0	00	0	00	1	00

60	Personal Hygiene and Safe Drinking Water	1	15	0	00	0	00	0	00	1	15
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61	Feedback on Nutrition and Health Component	1	00	0	00	0	00	0	00	1	00
	Total	28	00	11	45	12	45	0	00	52	30
F. Communication, Advocacy and Community Participation (3 Days)											
62	Need, Importance and Scope of Community Participation in ICDS	2	00	0	00	0	00	0	00	2	00
63	Role of Community in ICDS Programme	2	15	0	00	0	00	0	00	2	15
64	Role of Panchayats in Implementation of ICDS Project and Community Based Monitoring	1	30	0	00	0	00	0	00	1	30
65	Preparing Community for Implementation of ICDS Programme	1	15	0	30	0	00	0	00	1	45
66	How to Know Your Community?	0	30	1	45	0	00	0	00	2	15
67	Conducting a Survey in a Community	1	00	1	00	0	00	0	00	2	00
68	Techniques for Mobilising Community and Eliciting Community Participation	1	15	2	00	0	00	0	00	3	15

69	Function of Village Level Co-ordination Committee & Role of an AWW					
70	Formation of Mahila Mandals in the community					
71	Information, Education & communication in ICDS & Need for Use of Media					
72	Communication Process					
73	Communication for Behaviour Change					
74	Identification of Crucial Issues for Communication					
75	Use of Folk and Traditional Media and Street Plays in ICDS Programme					
76	Games/Feedback/Submission of Assignment					
77	Advocacy/Awareness for ICDS or for Issues concerning Children & Women + Class Assignment + Mock Session					
78	Advocacy/Awareness Campaign for ICDS or for Issues Concerning Children & Women Mock Session					
79	Mock Session on Street Play					
80	Feedback of IEC &					

	Community participation					
81	Games/Feedback/Submission of Assignment					
82	Leadership & Managerial Skills of an AWW					
83	Correspondence with Supervisors, ACDPOs/CDPOs and Health Functionaries					
84	Self Development and Self Appraisal					
85	Management of Supplies, Material & Equipment for AWC					
86	Maintenance of Records & Registers at AWC					
87	MIS in ICDS and Maintenance of Visitors Book and Daily Dairy					
88	Instructions for Supervised Practice					
89	Act as a Helper at AWC					
90	Act as a Helper in the Community					
91	Act as an AWW at AWC					
92	Act as an AWW in the Community					
93	Act as an AWW at AWC					
94	Act as an AWW in the Community					
95	Act as a Supervisor at AWC					

96	Act as a Supervisor in the CDPO's Office					
97	Issues of National Importance (Environment Protection, Poverty Alleviation, National Integration and communal Harmony)					
98	Evaluation of Trainees					
99	Feedback & Bridging the Learning Gaps					
	Concluding Session					