Weight Record of Children - 0 to 5 years (60 months)

(Based on WHO New Growth Chart)

Girls ☑ Boys ☐

F11

1	2	3	4	5			6		7		8		9		10		11		12		13		14		15		16		17		18	
Sl. No. of Child	Sl. No. of Family	Sl. No. within the Family	Name of the Child	Date of Birth			*Reporting months*				*Record age and weight in the first row, change and nutritional status in the second row*																					
							March		April		May		June		July		August		September		October		November		December		January		February		March	
1	13	4	Sheena		*Age*	*Weight*									4,5		4,6	12.9	4,7		4,8	13										
					Change	*Status*												Y			/	Y										
2	17	6	Sarita		*Age*	*Weight*									4,3		4,4	11.4	4,5	11.3	4,6	11.2										
					Change	*Status*												Y	\	O	\	O										
3	2	6	Gulnaz		*Age*	*Weight*									4,1	12.5	4,2		4,3		4,4	12.9										
					Change	*Status*										G					/	G										
4	16	5	Rohini		*Age*	*Weight*									4,0		4,1		4,2	12.4	4,3	12.5										
					Change	*Status*														Y	/	Y										
5	27	7	Ritu		*Age*	*Weight*									3,10		3,11	12.2	4,0	12.2	4,1	12.3										
					Change	*Status*												G	—	Y	/	Y										
6	34	8	Kiran		*Age*	*Weight*									3,9	10.9	3,10		3,11	12.1	4,0	11.9										
					Change	*Status*										Y				Y	\	Y										
7	9	3	Deena		*Age*	*Weight*									3,7	12.0	3,8		3,9	11.8	3,10	12.2										
					Change	*Status*										G			\	Y	/	G										
8	2	11	Nagma		*Age*	*Weight*									3,5		3,6	11.6	3,7		3,8	11.6										
					Change	*Status*												G			—	Y										
9	21	8	Rashmi		*Age*	*Weight*											2,9		2,10	11.8	2,11	11.9										
					Change	*Status*														G	/	G										
10	12	4	Bharti		*Age*	*Weight*											2,6		2,7	9.9	2,8	10.0										
					Change	*Status*														Y	/	Y										
11	32	5	Geeta		*Age*	*Weight*									1,9		1,10	8.2	1,11	8.4	2,0	8.6										
					Change	*Status*												Y	/	Y	/	Y										
12	53	5	Babli		*Age*	*Weight*									1,5		1,6		1,7	6.9	1.8	7.2										
					Change	*Status*														O	/	O										
13	19	5	Gauri		*Age*	*Weight*									1,4		1,5		1,6	7.9	1,7	7.9										
					Change	*Status*														Y	—	Y										
14	37	5	Anjali		*Age*	*Weight*									1,3		1,4	8.7	1,5	8.7	1,6	8.9										
					Change	*Status*													—	G	/	G										

	March			April			May			June			July			August			September			October			November			December			January			February			March		
	0-1 yr	1-3 yr	3-5 yr	0-1 yr	1-3 yr	3-5 yr	0-1 yr	1-3 yr	3-5 yr	0-1 yr	1-3 yr	3-5 yr	0-1 yr	1-3 yr	3-5 yr	0-1 yr	1-3 yr	3-5 yr	0-1 yr	1-3 yr	3-5 yr	0-1 yr	1-3 yr	3-5 yr	0-1 yr	1-3 yr	3-5 yr	0-1 yr	1-3 yr	3-5 yr	0-1 yr	1-3 yr	3-5 yr	0-1 yr	1-3 yr	3-5 yr	0-1 yr	1-3 yr	3-5 yr
Number weighed																0	6	5	0	6	8																		
Normal (Green)																0	2	0	0	2	2																		
Moderately underweight (Yellow)																0	3	4	0	3	5																		
Severely underweight (Orange)																0	1	1	0	1	1																		